



# UPPER PERK FOOTBALL SCHEDULE

## SEPTEMBER

## 2011

\*\*THERE WILL BE A 9:30 CURFEW ON THURSDAY IF WE PLAY FRIDAY NIGHT

\*\*THERE WILL BE A 10:30 CURFEW ON FRIDAY IF WE PLAY SATURDAY

\*\*EITHER WAY YOU MIGHT BE CALLED BY YOUR "O" COACH

\*\*REMINDER THAT STUDY HALL FOR THE REMAINDER OF THE SEASON WILL ONLY BE FOR THOSE PLAYERS WHO DO NOT HAVE A C-AVERAGE OR BETTER IN ALL OF THEIR CLASSROOM SUBJECTS (NO EXCEPTIONS)

\*\*GET YOUR HOMEWORK & PROJECTS DONE ON TIME IF YOU WANT TO AVOID STUDY HALL

\*\*REMEMBER THAT YOU ARE STUDENT/ATHLETES, AND STUDENT COMES FIRST !!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				01-Sep-11	02-Sep-11	03-Sep-11
				1) PRACTICE 3:00 - 5:45	1) QUAKERTOWN HOME 7:00	1) COACHES 7:30 2) TRAINER 9:00 3) JV QT A 10:00 4) V LIFTING 9:30 L#7 B/R #8 5) FILM AFTER
04-Sep-11	05-Sep-11	06-Sep-11	07-Sep-11	08-Sep-11	09-Sep-11	10-Sep-11
CLOSED	1) TRAINER 7:30 MEETING 8:05 PRACTICE 9 - 11:30 JV LIFT L #7 B/R #8	1) PRACTICE 3:00 - 5:45 V LIFT L #8 B/R #7 2) ENTIRE TEAM STUDY HALL 7:00 - 8:00 JM	1) PRACTICE 3:00 - 5:45 JV LIFT L #8 B/R #7	1) PRACTICE 3:00 - 5:45	1) UPPER MORELAND AWAY 7:00	1) COACHES 7:30 2) TRAINER 9:00 3) LIFTING 9:30 L#9 B/R #10 4) FILM AFTER
11-Sep-11	12-Sep-11	13-Sep-11	14-Sep-11	15-Sep-11	16-Sep-11	17-Sep-11
CLOSED	1) VARSITY PRAC. 3:00 - 5:00 V LIFT L#10 B/R#9 2) JUNIOR VARSITY UPPER MORELAND HOME 3:45	1) PRACTICE 3:00 - 5:45 JV LIFT L#10 B/R#9 2) STUDY HALL 7:00 - 8:00 GM	1) PRACTICE 3:00 - 5:45	1) PRACTICE 3:00 - 5:45	1) POTTS GROVE AWAY 7:00	1) COACHES 7:30 2) TRAINER 9:00 3) LIFTING 9:30 L#11 B/R #12 4) FILM AFTER
18-Sep-11	19-Sep-11	20-Sep-11	21-Sep-11	22-Sep-11	23-Sep-11	24-Sep-11
CLOSED	1) VARSITY PRAC. 3:00 - 5:00 V LIFT L#12 B/R#11 2) JUNIOR VARSITY POTTS GROVE HOME 3:45	1) PRACTICE 3:00 - 5:45 JV LIFT L#12 B/R#11 2) STUDY HALL 7:00 - 8:30 RW	1) PRACTICE 3:00 - 5:45	1) PRACTICE 3:00 - 5:45	1) SPRING FORD HOME 7:00	1) COACHES 7:30 2) TRAINER 9:00 3) LIFTING 9:30 L#13 B/R #14 4) FILM AFTER
25-Sep-11	26-Sep-11	27-Sep-11	28-Sep-11	29-Sep-11	30-Sep-11	
CLOSED	1) VARSITY PRAC. 3:00 - 5:00 V LIFT L#14 B/R#13 2) JUNIOR VARSITY SPRING FORD AWAY 3:45	1) PRACTICE 3:00 - 5:45 JV LIFT L#14 B/R#13 2) STUDY HALL 7:00 - 8:30 TP	1) PRACTICE 3:00 - 5:45	1) PRACTICE 3:00 - 5:45	1) PRACTICE 3:00 - 5:45	